

**Saturday July 4<sup>th</sup>.**

**COLIBAN RELAYS**

**Harcourt to Bendigo**

The weather could have been worse. Patches of light drizzle arrived at irregular intervals, as did patches of sunshine. The wind was nippy!

Again we could not field a full list of teams because of illnesses, injuries, school holiday commitments, new baby duties and work. Five men's teams and just the one team in the women's competition did, however, see us right up there number's wise. As usual Bendigo were very well represented in their home event but numbers may have been slightly down overall. Doncaster did not have one team and Ringwood had just the one.

It was good to see **Mick Woods** on hand to lend a hand with transport and general organisation. Now into his second season of inactivity (competition wise) due to injury, Mick is aiming to be back for the start of next season. He has the all clear but just has to build up the distances very gradually. When he last competed, Mick was knocking on the door of Division 1, so a return to the black and white is eagerly anticipated by all concerned.

**Paul Munro** produced another good run. Still getting into shape after a nagging achilles injury, Paul is certainly going to be an asset to the Magpies as the season progresses. **Paul Willmot** is running better every week, (he may just become a spokesman for 'skins'), picking up a number of teams during his leg of the journey. **Josh Debinski** made his senior debut with a gutsy run on the hilly first leg. Everyone was impressed with Josh's enthusiasm and effort. His "I enjoyed that, that was fun", comment sums up what our sport is all about! **Tony Forno** is another who seems to be running better than ever. A very late beginner at the sport, Tony enjoys his running and is now starting to show the benefit of a very long weekly training run. **Jessica Neale** did it again this year, filling in a spot in Division 4 men. The new club record holder in the junior women's pole vault did the gruelling water race leg in fine style. Newcomer **Ray Hynes** showed his value with a very strong run over the long leg in Divvy 4. Out from Ireland for a few months, Ray is certainly a great addition to our ranks. The ladies did well with five very good performances over the various legs.

**WOMEN**

**Division 1**

<b>5.5k</b>	Janette Chapman	26:30
<b>6.0k</b>	Frances Willmot	28:50
<b>8.4k</b>	Annette Van Rooyen	38:21
<b>7.9k</b>	Jane Kanizay	36:45
<b>5.1k</b>	Sofie Fabre	22:12

Finished	7 <sup>th</sup> .	2hr 32m 38s
Winner:	Knox	2hr 04m 25s

## MEN

### Division 1

Justin Murphy	18:53	<b>5.5k</b>	Tom Avram	25:17
Malcolm Campbell	20:55	<b>6.0k</b>	Jarrold Kanizay	21:16
Patrick O'Keeffe	37:47	<b>8.4k</b>	Stuart Kollmorgen	31:20
Magnus Michelsson	34:50	<b>10.0k</b>	Ray Hynes	36:41
Simon Bevege	25:31	<b>7.9k</b>	Paul Munro	29:05
Daniel Rees	17:28	<b>5.1k</b>	Anthony Mithen	18:17

Finished 8<sup>th</sup>. 2hr 25m 24s  
Winner: Knox 1hr 45m 34s

Finished 11<sup>th</sup>. 2hr 41m 56s  
Winner: Eureka 2hr 23m 38s

### Division 3

<b>5.5k</b>	Ken Duxbury	22:31
<b>6.0k</b>	John Crameri	26:16
<b>8.4k</b>	Tony Hally	32:16
<b>7.9k</b>	Anthony Weiland	30:01
<b>5.1k</b>	Troy Kameme	20:20

Finished 12<sup>th</sup>. 2hr 11m 24s  
Winner: Sth. Melbourne 1hr 53m 46s

### Division 4

<b>5.5k</b>	Josh Debinski (17)	24:43
<b>6.0k</b>	Jessica Neale (13)	34:56
<b>8.4k</b>	Jim Hopkins	37:47
<b>7.9k</b>	Paul Wallace	38:23
<b>5.1k</b>	Graeme Paul	22:20

Finished 10<sup>th</sup>. 2hr 38m 09s  
Winner: Wendouree 1hr 57m 28s

### Division 5

<b>5.5k</b>	Ron Scholes	24:30
<b>6.0k</b>	Tony Forno	38:41
<b>8.4k</b>	Peter Neale	38:39
<b>7.9k</b>	Paul Willmot	37:04
<b>5.1k</b>	Steve Griffiths	25:38

Finished 10<sup>th</sup>. 2hr 44m 32s  
Winner: Bendigo 1hr 58m 15s

Thanks to all who helped with driving, car pooling, child minding and the like. It all helps!

**Afternoon tea:** Thanks to **Malcolm Campbell** and **Stuart Kollmorgen** for the goodies this week.