# Saturday May 29<sup>th</sup>. ROAD CHAMPIONSHIPS SANDOWN

The forecast was not great and Sandown is never terrific when there is rain about but it all held off and the conditions for distance running were close to perfect.

Our numbers were up on Warragul and we still had a few missing. **Magnus** was in Sth. Africa for the Comrades and **the Treas** was in Darwin for a wedding. A very pleasing feature was that our junior numbers were such that we were able to get three teams home in the various age groups. There would have been a fourth if **Alex Louw** had been able to finish the U/18 10k. Alex had been crook all week and really should not have run at all. He gave it a red hot go but capitulated with a lap to go. Great effort Alex – next time!

**Mick Woods** missed due to a flare up of the old hip injury. This was to be Mick's last run before leaving for an extended trip overseas. Sorry you missed it Mick. Best of luck while you're away. See if you can bring back a couple of superstars from Russia.

We had an extra two starters in the women's 10k and we were only two runners off having seven teams home in the senior men's. There were another couple of newies again this week with **Michael O'Keeffe** and **Chris Hayward** making their debuts for the Magpies. Youngster **Ben White** had his first run *for* the Club, having missed the first two events with a broken collarbone. He will certainly give the U/14 team a bit more bite. Very promising juniors **Jacob McCormack** and **Andre Chambers** had their first winter runs for the Club after terrific summer seasons. It was good to have **Justin Murphy** back for his first winter run after getting rid of a couple of niggles and **Mark Draper** will strengthen our team with his presence after having a bit of time off to help with a new addition to the family.

Patrick O'Keeffe was again our first home in the senior race in a very smart time. Simon Bevege was not all that far behind and Paul Munro put in a terrific run in his continued improvement. Michael Biaklczak was the winner of the 50+ division and Anthony Mithen tuned up for his marathon in NZ next weekend with a top hit out. Stuart Kollmorgen's effort in recording a negative split was a meritorious. He certainly has not lost any fitness in his recent duo of distance walks. Will Sheils, in his first race over the distance, was our first home in the U/18 10k. Only 4 secs separated the White twins in the U/14 race and there was a similar margin between Jacob McCormack and Jordan Minter in the U/16s. Ailsa Buckle (U/18) was the quickest of the junior girls with Nikki White (U/16) not that far behind. Emma Miller recorded a terrific performance in the senior women's 10k

It was great to see so many Collingwood singlets in the junior events. Our future looks very promising!

Our U/14 boys finished second in their team's event, while the U/16s were a more than creditable 5<sup>th</sup>. The older (U/18) girls were fourth! Yes, only four clubs finished a team, but this means our girls picked up a stack of points on a lot of other teams. The 50+ team also picked up a second placing in their team's competition. The women's 40+ team gained a valuable fourth place in the team's event.

Our increased numbers in the senior men's race saw a better result for the Divvy 2 team this week. Every point is valuable and we picked up a few this time.

Well done everybody!

## **RESULTS**

## MEN'S 10k

			71-	2 01-	<i>(</i> 01-	101-		
20	Patrick O'Keeffe		<b>.7k</b> 2:06	<b>3.8k</b> 11:41	<b>6.9k</b> 21:42	<b>10k</b> 31:41		
45	Simon Bevege	ш	-	12:07	22:29	32:35		
67	Michael Bialczak	#	=	12:58	23:26	33:49		
74	Anthony Mithen		-	-	23:25	34:00		
87	Paul Munro		-	13:04	23:52	34:37	D: 1	<b>σ</b> th
91	Justin Murphy		- 2.1.5	12:58			Div 1	/ <sup>til</sup> .
100	Malcolm Campbell		2:15	12:42	24:02			
116	Simon Duffy		=	13:02	24:14			
138	Daniel Rees		-	13:20		36:17		
	Mark Draper		=	13:46	25:15	36:59		
	Tony Hally	*	=	14:00	25:34	37:14		.1
	Stuart Kollmorgen	*	-		25:27		Div 2	8 <sup>th</sup> .
188	Eric Louw	*	-	14:00	25:50	37:27		
206	Tom Avram		=	14:22	26:14	38:07		
234	Simon Blyth		-	-	26:29	38:59		
243	Troy Kameme		-	-	27:17	39:10		
<u>253</u>	Michael O'Keeffe		-	14:46	27:15	39:42	Div 3	11 <sup>th</sup> .
257	Jarrod Kanizay		2:41	-		39:55		
259	Tony Bird	#	-	14:52	27:19	39:58		
260	Paul Viney		-	14:50	27:33	39:59		
	Ken Duxbury	#	-	14:56	27:24	40:14		
292	Chris Waldron		_	15:14	28:17	41:18	Div 4	7 <sup>th</sup> .
318	Shane Derby		2:50	15:33	29:00	42:32	,	
	John Crameri		2:52	15:50	29:29	43:11		
335	Paul Wallace		_	16:04	29:42	43:46		
348	Julian Warhurst		3:07	17:27	_	44:53	Div5	8 <sup>th</sup> .
	Josh Debinski		-	16:10	30:48			
	Chris Hayward		_		31:23			
	Paul Willmot		_	16:47	31:21	45:54		
	Jim Hopkins		3:07	-	-		Div 6	6 <sup>th</sup> .
	Craig Servinis			_	32:30	47:21	21, 0	<u> </u>
	Anthony Klarica		_	_	32:10	47:22		
517	mulony Marica				J2.10	τ1.22		

<sup>\* 40+</sup> Team 7<sup>th</sup>. out of 17 # 50+ Team 2<sup>nd</sup>. out of 13

#### WOMEN'S 10k

			.7k	3.8k	<b>6.9k</b>	10k		
45	Emma Miller		-	15:04	27:59	40:55		
79	Alison Chapman	*	-	16:03	29:40	43:25		
94	Carmel Pardy	*	2:58	16:38	30:31	44:22		
112_	Frances Willmot	*	-	16:59	31:18	45:56	Div 1	10 <sup>th</sup> .
116	Janette Chapman		-	17:27	-	46:18		
132	Sofie Fabre		-	17:57	-	48:04		

\* 40+ Team - 4<sup>th</sup>.

## **JUNIOR RESULTS**

Under 14 Boys 3k				Under 16 Boys 3k				
6	Lachie White	10:27	20	Jacob McCormack	10:17			
10	Ben White	10:31	22	Jordan Minter	10:20			
18	Adam Garganis	11:31	36	Andre Chambers	12:00			
33	Lachlan Derby	15:58	47	Jacob Barnes	13:20			
TEAM RESULTS								
	2 <sup>nd</sup> . out of 8			5 <sup>th</sup> . out of 10				
	Under 16 Girls 3k			Under 18 Girls 3k				
33	Nikki White	13:57	31	Ailsa Buckle	13:39			
36	Hannah Garganis	17:05	33	Rachel Barnes	14:38			
	_		34	Eloise Derby	14:59			
				<b>TEAM RESULT</b> 4 <sup>th</sup> . out of 4				

#### Under 18 Men's 10k.

9	Will Sheils	2:29	13:42	25:10	36:10
16	Mason Barnes	2:29	-	26:25	38:54
DNF	Alex Louw	_	16:25	31:53	_

Sorry about all the gaps in the times! The large numbers made it a bit hard to keep up! It's not a bad problem though!!!!!!!

**Afternoon Tea:** Thanks to **Annette Van Rooyen** and **Anthony Mithen** and to **Paul Viney** for the eats. **Clare Garganis** helped out again! (There may have been others.)

Thanks also to **Eloise Derby** for jumping in immediately after her race to volunteer to look after Anthony Klarica's children during the 10k. Much appreciated Eloise! A terrific Collingwood gesture!