

Saturday May 30th

15k ROAD CHAMPIONSHIP

Ballarat

We had a bit of everything weather wise. There were a few sunbeams, the temperature even got into double figures at times, but the gusty wind was a problem on parts of the course and the very fine mist looked ominous although came to nothing in the end. The lake was choppy during the early afternoon but later in the day it was like a mill pond.

Ah! Ballarat! Don't you just love it?!

Our numbers were down a few on Lardner Park, however our results finished up better than predicted before the races had got under way. Our women's team picked up another second place while our men grabbed fifth despite missing a couple. The under 14 girls gained another second to maintain top spot on the ladder. Similarly, the under 18 boys have stayed at the head of their ladder with yet another minor placing.

The Club welcomed another first timer today with the appearance of **Matt McDaniel**, while **Anthony Mithen** and **Tim Stevenson** ran their first event of the season. **Rebecca Webb** was rewarded for her fine performance with a spot in the Divvy 1 team – hope there's many more!

On an individual basis, **Virginia Moloney** was again a stand out with another bronze medal in the 15k. Gin was right up with the leaders, even taking the lead at one stage, before fading a little over the concluding stages, but her very consistent season continues! **Lucy Leutchford** (5th - U/14), **Zoe Cornell** (6th - U/14), **Amy Cornell** (6th – U/16) and **Hayden Morris** (10th – U/14) were again prominent. Another top ten finisher, was (perhaps) the find of the season, **Dale Carroll**, with a great run in the U/18 5k.

JUNIOR RESULTS

WOMEN

	Under 14	5k		Under 16
5	Lucy Leutchford	21:04.6	6	Amy Cornell 19:36.8
6	Zoe Cornell	21:16.3		
11	Ellie McKenzie	24:10.3		

Team Result 2nd

MEN

	Under 14	5k		Under 16
10	Hayden Morris	19:18.1	31	Jack Sayer 20:56.1

Under 18 5k

10	Dale Carroll	16:52.2
14	Ben White	17:13.6
27	Tom Hall	18:29.9
32	Lachie White	19:15.0

Team Result 2nd

Some of our senior runners took advantage of the early start, taking off with the juniors, some 30 minutes before the bulk of the field. This is certainly a good move by AV to offer this option – it certainly shortens the day for the organisers and officials. Four of our runners, **Virginia Moloney, Liam Delany, Peter Gaunt** and **Steve Simmons** all ran substantially faster than last year. **Kim White** did well to finish as she was less than 100%, but **Ken Duxbury** was not so fortunate, succumbing to his nagging achilles problem a few k's in to the race. Helen Walpole found a novel way to celebrate her birthday – three laps of the lake! I can think of better ways!

SENIOR RESULTS

WOMEN

		3k	9k	15k
3	Virginia Moloney	9:02	30:49	53:07
12	Erchana Murray Bartlett	9:21	33:05	57:10
28	Susan Michelsson *	9:53	34:20	59:02
76	Heather Gaunt *	11:00	37:29	64:25
83	Rebecca Webb	11:00	37:48	64:58
121	Alison Chapman *	12:07	40:30	69:54
148	Rhiannon Riches	12:17	42:46	74:03
153	Ali Burns	12:45	43:25	74:31
154	Carly Black	12:40	44:20	75:30
159	Francesca Black	12:40	44:30	76:38
169	Helen Walpole	13:48	46:37	79:00
177	Kim White	13:21	45:34	80:58

Team's Results

Division 1	3 rd
Division 3	10 th
Division 4	5 th
*40+	5 th

MEN

		3k	9k	15k
23	Simon Bevege	8:20	28:44	49:07.8
30	Tim Bryant	8:30	29:14	49:40.3
34	Liam Delany	8:45	29:15	49:54.4
75	Malcolm Campbell *	9:00	31:00	53:17.4
90	Mark Knowles	9:07	31:23	54:11.4
<u>91</u>	<u>Michael Whitehead</u>	<u>9:04</u>	<u>31:04</u>	<u>54:13.6</u>
142	Anthony Mithen *	9:32	32:47	57:00.3
149	Trent McCormick	9:35	33:13	57:14.8
187	Leo Arantes	10:08	34:10	58:19.6
202	Paul Rothin	10:15	34:31	59:04.3
213	Steve Simmons	10:51	35:20	59:38.5
<u>220</u>	<u>Scott Bent</u>	<u>10:15</u>	<u>35:16</u>	<u>60:25.7</u>
229	Peter Gaunt #	10:25	35:57	61:07.1
260	David Diviny	10:15	35:57	62:50.7
270	Nick Kenyon	11:16	37:48	63:42.6
275	Paul Wallace	10:52	37:46	63:52.2
<u>293</u>	<u>Chris Waldron</u>	<u>10:23</u>	<u>37:02</u>	<u>64:53.3</u>
313	Brad Bullock	12:04	39:48	66:03.0
314	Matt McDaniel	12:04	39:45	66:03.2
322	Brett Eastwood	12:04	39:49	66:43.5
331	John Crameri #	11:45	39:33	67:33.0
<u>334</u>	<u>Daryl Standfield</u>	<u>11:47</u>	<u>39:45</u>	<u>67:44.9</u>
350	Nick Boustead	12:56	40:28	69:53.2
354	Jim Sayer	11:44	40:34	70:25.0
359	Tim Stevenson	12:10	41:37	70:54.8
<u>370</u>	<u>Jim Hopkins</u>	<u>12:35</u>	<u>42:21</u>	<u>72:44.4</u>
388	Doug Leutchford	12:46	44:30	75:46.9
392	Mark Cornell	12:46	44:30	77:25.7
397	Ross Wyatt	13:43	46:37	79:44.0
Dnf	Ken Duxbury	13:15	-	-

Team's Results

Division 1 5th
Division 2 14th
Division 3 13th
Division 4 12th
Division 5 8th
*40 3rd & 18th
#50+ 14th & 23rd

Officials: Tony Williams and Garry McBroom were working for AV, while **Kevin Wigmore** did a sterling job getting all the interval times for the Magpies.

Kevin was also to the fore when packing up time came – big effort all day Wiggy!