

Sunday July 17th

ROAD RACES

Albert Park

Despite the series of timetable changes in the last few days the Club had a reasonable roll up of athletes for the early morning events at Albert Park. Unfortunately Dale Carroll missed the start of his race however AV did take pity on him and let him have a run, by invitation, in the women's event over the same distance. Dale's subsequent (estimated) time would have given him third place in the under 18 men's event.

The Club again had two medallists on the day and they were again **Virginia Moloney**, who staged a great finish to grab gold in the Open 10k and **Simone Maillardet**, who crossed the line in third place in the under 14 3k.

We were missing a number of our junior runners, however we were able to pick up third place in the under 16 girl's 3k team competition. Again the absence of any junior boy's teams was a great disappointment.

JUNIOR RESULTS

Under 14			WOMENS 3k		Under 16		
3	Simone Maillardet	10:54.3	9	Lucy Leutchford	11:09.0		
11	Mia Roux	11:58.0	11	Sunny Spencer	11:21.7		
			22	Tiffiny Argyropoulos	13:11.2		
Team Result 2 nd							
Under 18			MENS 10k		Under 20		
		4.9k			4.9k	10k	
(4)	Dale Carroll	16:13	(est)33:40	12	Matthew Newton	16:05	34:06.3

The open women's race saw 'our Virginia' running with the leading group for most of the race, before Gemma Maini from Frankston made a break approaching the stadium. With 500 metres to go Gin was 15m behind, but made a decisive move near the entrance gate and went on to win 'comfortably' by 10 seconds.

Unfortunately we were one runner short to fill all our teams and our overall results in the team's events were perhaps our lowest for the season. If we could ever get everybody there on the one day we would do very well, but that just never seems to happen!

Hiromi Fujiwara had a run 'by invite' and just might sign up next season!

SENIOR RESULTS

WOMENS 10k			
		4.9k	10k
1	Virginia Moloney	16:12	33:53.0
20	Erchana Murray Bartlett	17:29	37:34.5
117	Heather Gaunt	* 20:53	44:02.9
136	Alli Shinnars	21:47	45:18.1
141	Katie Ward	21:47	45:39.0

150	Mena Butler		21:47	45:59.4
157	Alison Chapman	*	22:08	46:46.7
159	Bron Hill	*	22:31	46:56.8
169	Zoe Delany		22:33	47:55.2
Inv	Hiromi Fujiwara		23:08	48:13.8
185	Fran Black		23:08	49:08.0
190	Helen Walpole		24:21	50:25.8
198	Wendy Richardson		24:08	51:46.1
203	Elyse Marum		23:55	52:53.9
206	Carly Black		25:28	53:23.8

TEAM RESULTS

Division 1	9 th
Division 3	9 th
Division 4	9 th
* 40+	11 th

It was great to have **Magnus Michelsson** back with us after some ankle problems, but with a couple of others missing, the team did not gain much overall. **Liam Delany** ran, but was not well and did well to finish where he did. **Hugh McCarthy** looked a little sluggish after his recent great run in the Gold Coast Marathon, but finished on bravely to be our third home. **Peter Gaunt** put in another terrific run – just getting better and better – our own Penfold’s Grange! **Anthony Mithen** and **Dale Nardella**, although not point scorers, had a run and hung around for a chat afterwards – we will have you back anytime boys!

Stuart Kollmorgen completed the event in his ‘racewalking’ mode and although finishing towards the rear of the field still gained points for us. As in the women’s event, we were one short of filling all our teams

MENS 10k

		4.9k	10k
27	Jai Edmonds	15:13	32:05.0
41	Simon Bevege	15:45	32:50.9
67	Hugh McCarthy	16:17	34:08.7
71	Liam Delany	* 16:50	34:28.7
85	Magnus Michelsson*	16:47	35:00.0
89	Andrew Downie	16:55	35:02.0
141	Simon Rea	16:55	36:35.0
142	Danny Reddan	17:28	36:35.6
176	Scott Bent	18:16	37:28.7
182	Tony Hally	* 18:12	37:39.7
186	Ray Joy	# 18:35	37:48.3
203	Trent McCormick	18:18	38:31.6
Inv	Anthony Mithen	18:37	39:01.4
219	Peter Gaunt	& 18:38	39:04.6

Inv	Dale Nardella	-	39:55.7
245	Martin James	& 19:05	39:57.8
256	David Diviny	19:11	40:20.3
262	Aaron Gray	19:01	41:39.1
<u>264</u>	<u>Chris Waldron</u>	<u>& 19:28</u>	<u>40:46.2</u>
273	Susumu Miura	# 19:29	41:11.9
278	Tim Strode	19:43	41:23.2
290	Tim Menting	# 19:45	41:43.1
294	Mason Barnes	20:50	41:56.3
<u>310</u>	<u>Jacob Barnes</u>	<u>20:50</u>	<u>42:21.8</u>
311	Neil Matthews	^ 20:15	42:23.4
340	Doug Leutchford	% 21:12	43:41.4
345	Paul Wallace	21:03	43:51.0
<u>371</u>	<u>Jason Mears</u>	<u>^ 21:56</u>	<u>46:00.0</u>
373	Kristian Imbesi	22:14	46:05.3
374	Jim Sayer	^ 21:45	46:05.4
392	John Crameri	% 21:52	47:31.6
<u>395</u>	<u>Jim Hopkins</u>	<u>% 23:07</u>	<u>48:11.4</u>
400	Tony Rodwell	22:13	48:49.7
424	Robert Mailllardet	26:04	55:40.1
428	Stuart Kollmorgen	-	57:29.5

TEAM RESULTS

Division 1	6 th
Division 2	9 th
Division 3	10 th
Division 4	7 th
Division 5	4 th
Division 6	7 th
* 40+ - 1	2 nd
# 40+ - 2	11 th
^ 40+ - 3	16 th
& 50+ - 1	6 th
% 50+ - 2	26 th

OFFICIALS: Gary McBroom and Tony Williams were on the job again and of course the same can be said for Kevin Wigmore with all our individual times being collated in his usual comprehensive style!

The **Barnes** team again did the honours with the après race snacks.