

2009 WINTER

Saturday April 4th. 2009

CLUB

LACEBY CECIL HANDICAP 6.4k

		Race Time	Go Time	Act Time	Fastest	
	1	Mason Barnes	35:43	10:10	25:33	10
	2	Josh Debinski	37:38	10:10	27:28	=17
	3	Annette Van Rooyen	38:08	10:40	27:28	=17
	4	Jim Hopkins	38:20	10:30	27:50	19
	5	Patrick O'Keeffe	38:43	17:30	21:13	1
	6	Malcolm Campbell	38:59	17:30	21:29	2
	7	Ron Scholes	39:07	12:20	26:47	13
	8	Shanyn Payne	39:08	6:25	32:43	28
	9	Stuart Kollmorgen	39:14	15:50	23:24	4
	10	Will Sheils	39:21	14:05	25:16	9
	11	Anthony Mithen	39:25	16:40	22:45	3
	12	Tony Bird	39:26	14:45	24:41	7
	13	Frances Willmot	39:32	10:30	29:02	21
	14	Andrew Evans	39:42	15:50	23:52	5
	15	Shane Derby	39:43	13:00	26:43	12
	16	Chris Waldron	40:12	15:00	25:12	8
	17	Paul Wallace	40:17	10:40	29:37	22
	18	Tony Forno	40:20	Go	40:20	31
	19	Anthony Weiland	40:27	16:00	24:27	6
	20	Carmel Pardy	40:34	10:40	29:54	=23
	21	Alicia Arnott	40:38	9:40	30:58	27
	22	Ken Duxbury	40:42	14:05	26:37	11
	Inv	Aman	41:07	14:05	27:02	14
	23	Janette Chapman	41:09	11:15	29:54	=23
	24	Troy Kameme	41:18	14:05	27:13	16
	25	Craig Servinis	41:21	11:15	30:06	25
2	26	Alison Chapman	41:22	13:00	28:22	20
	27	Paul Willmot	41:49	7:30	34:19	29
	28	Tony Hally	41:54	14:45	27:09	15
	29	John Crameri	42:42	12:20	30:22	26
	30	David Sheils	44:11	9:40	34:31	30

HANDICAP

- 1 Mason Barnes
- 2 Josh Debinski
- 3 Annette Van Rooyen

FASTEST

1	Patrick O’Keeffe	21:13	Annette Van Rooyen	27:50
2	Malcolm Campbell	21:29	Alison Chapman	28:22
3	Anthony Mithen	22:45	Frances Willmot	29:02

Junior (Under 16) 2k

1	Will Sheils		3:20	6:48
2	Jordan Minter	(13)	3:30	7:13
3	Ben White	(11) CLAC	3:40	7:28
4	Lachie White	(11) CLAC	3:43	7:30
5	Adam Garganis	(12)	3:50	7:58
6	Jem Jasarovski	(15)	4:13	8:27
7	Nicole White	(13)	4:15	8:43
8	Eloise Derby	Inv	4:15	8:58
9	Luke Garganis	(9) CLAC	4:29	9:17
10	Hannah Garganis	(14) CLAC	4:46	10:03
11	Lachlan Derby	Inv	5:05	11:05

Saturday April 18th. 2009

A.V.

**CROSS-COUNTRY RELAYS
JELLS PARK**

WOMEN

Division 1 4x6k

40+ 3x6k

Susan Michelsson	10:20	10:27	20:47	Janette Chapman	13:37	14:02	27:39
Alison Chapman	12:34	13:15	25:49	Carmel Pardy	13:58	13:41	27:39
Annette Van Rooyen	12:39	12:29	25:08	Frances Willmott	13:38	14:04	27:42
Jane Kanizay	13:16	13:36	26:52				

Finished 7th. out of 11 98:36
Winner: Knox 87:28

Finished 2nd. out of 4 83:00
Winner: Traralgon 82:55

MEN

Division 1 6x6k

Justim Murphy	20:04
Malcolm Campbell	20:25
Simon Bevege	19:58
Mark Draper	20:13
Patrick O'Keeffe	19:53
Magnus Michelsson	19:10

Finished 7th. out of 12 120:03
Winner: Ballarat YCW 111:52

Division 2 6x6k

Anthony Mithen	10:09	10:43	20:52
Jarrold Kanizay	11:02	11:17	22:19
Stuart Kollmorgen	10:49	11:06	21:55
Andrew Evans	10:29	11:07	21:36
Anthony Weiland	10:51	11:27	22:16
Cameron Kealy	10:22	11:39	22:11

Finished 12th. out of 13 131:09
Winner: Eureka 119:38

Division 3 5x6k

Danny Hecker	11:22	12:12	23:54
Sean McCaughey	11:52	11:22	23:14
Tom Avram	11:22	11:40	23:02
Chris Waldron	11:36	11:47	23:23
Tony Hally	12:07	12:51	24:58

Finished 9th out of 14 118:11
 Winner: Frankston 97:18

Division 4 5x6k

Chris Boylen	12:42	13:13	25:55
Paul Skipper	11:34	12:12	23:46
Mark Kealy	11:45	12:49	24:34
Shane Derby	12:20	12:55	25:15
Troy Kameme	11:45	12:31	24:16

Finished 7th out of 14 123:46
 Winner: Essendon 105:40

Division 5 4x6k

Trevor Hansen	11:19	12:20	23:29
Ron Scholes	12:32	13:05	25:37
Paul Wallace	13:25	14:57	28:22
Jim Hopkins	13:34	14:21	27:55

Finished 7th out of 17 105:23
 Winner: Doncaster 86:06

Division 6 4x6k

Paul Willmot	15:50	18:58	34:48
Lynne Maughan	13:30	14:18	27:48
David Goddard	15:08	15:47	30:55
Peter Neale	13:27	15:30	28:57

Finished 15th out of 15 122:28
 Winner: Casey/Cardinia 87:16

Division 7 4x6k

Robert Barnes	14:15	15:08	29:23
David Sheils	15:50	16:07	31:57
Jessica Neale (13)	15:12	17:38	33:50
Steve Griffiths	17:03	19:02	36:05

Finished 16th out of 16 131:15
 Winner: Frankston 91:16

50+ 3x6k

Paul Twining	11:52	11:54	23:46
Ken Duxbury	11:45	12:19	24:04
Tony Bird	11:17	11:43	23:00

Finished 1st out of 12 70:50

Under 18 3x3k

Josh Debinski	12:14
Mason Barnes	10:54
Josh Debinski	13:21

Finished 8th out of 10 36:29
 Winner: Knox 28:27

Under 16 3x3k

Will Sheils	10:37
Jordan Minter (12)	11:18
Jacob Barnes (13)	14:24

Finished 8th out of 10 36:19
 Winner: Frankston 29:41

Saturday May 9th. 2009

A.V.

**8k/6k CROSS-COUNTRY
LARDNER PARK**

JUNIORS

Under 14 2k

4 Jordan Minter 7:12
22 Jacob Barnes 9:22

Under 16 3k

2 Will Sheils 10:24

Under 18 4k

27 Mason Barnes 15:46
31 Josh Debinski 17:24

WOMEN'S 4k

1 Susan Michelsson 14:05
49 Annette Van Rooyen 17:01
55 Alison Chapman * 17:12
74 Carmel Pardy * 17:45 Div 1
83 Lynne Maughan 18:13
88 Janette Chapman * 18:19
92 Frances Willmot 18:31 Div 3

TEAM RESULTS

Division 1 6th.
Division 3 4th.
* 40+ 3rd.

MEN'S 8k

24	Magnus Michelsson	13:06	26:36	
46	Simon Bevege	13:48	27:43	
52	Malcolm Campbell	13:33	27:55	
59	Patrick O'Keeffe	13:48	28:07	
65	Mark Draper	13:50	28:23	
77	Justin Murphy	13:55	28:46	Div 1
80	Anthony Mithen	14:08	28:51	
144	Stuart Kollmorgen	14:56	30:50	
155	Anthony Weiland	15:17	31:17	
174	Jarrod Kanizay	15:30	31:37	
191	Sean McCaughey	15:46	32:07	
219	Chris Waldron	16:03	32:59	Div 2
220	Trevor Hansen	16:06	33:12	
221	Tony Bird	16:21	33:15	
232	Ken Duxbury	16:37	33:35	
235	Paul Twining	16:35	33:37	
262	Tony Hally	17:08	34:53	Div 3
268	Mark Kealy	17:30	35:20	
275	Ross Reid	17:45	35:21	
322	Troy Kameme	19:02	37:47	
348	Jim Hopkins	19:35	39:38	
351	Craig Servinis	19:47	40:00	Div 4
365	Robert Barnes	20:03	41:01	
371	Paul Wallace	20:31	42:33	
381	Paul Willmot	21:14	43:40	
383	David Sheils	21:33	44:21	Div 5
403	Tony Forno	27:17	56:00	

TEAM RESULTS

Division 1	6 th .
Division 2	8 th .
Division 3	8 th .
Division 4	12 th .
Division 5	12 th .
* 40+	15 th .
# 50+	2 nd .

Saturday May 23rd. 2009

CLUB

**KEW CAMBERWELL 8 k Hcp.
DIGHT'S FALLS**

		Race Time	Hcp	Act Time	Fastest
1	Paul Willmot	48:00	7:45	40:15	21
2	David Sheils	49:41	7:45	41:56	23
3	Tony Hally	50:31	17:05	33:26	7
Inv	Kim White	50:38	7:45	42:53	
4	John Crameri	50:57	14:25	36:32	15
5	Trevor Hansen	51:08	19:05	32:03	4
6	Robert Barnes	51:11	11:05	40:06	20
7	Josh Debinski	51:15	16:40	34:35	12
8	Chris Waldron	51:22	19:20	32:02	3
9	Alicia Arnott	51:26	12:25	39:01	19
10	Malcolm Campbell	51:42	23:35	28:07	1
11	Lynne Maughan	51:47	13:45	38:02	18
12	Danny Hecker	51:53	19:05	32:48	6
13	Alison Chapman	51:56	15:50	36:06	14
Inv	Glenn Morrison	51:58	15:50	36:08	
14	Frances Willmot	52:12	14:25	37:47	16
15	Ken Duxbury	52:16	18:25	33:51	8
16	Tony Bird	52:29	19:45	32:44	5
17	Peter Neale	52:46	12:25	40:21	22
18	Paul Skipper	53:06	19:05	34:01	11
19	Troy Kameme	53:12	18:00	35:12	13
20	Mason Barnes	53:13	19:20	33:53	9
21	Will Sheils	53:14	19:20	33:54	10
22	Anthony Mithen	53:18	22:25	30:53	2
23	Tony Forno	53:52	Go	53:52	26
24	Jim Hopkins	54:03	16:10	37:53	17
Inv	Michael Kanizay	54:11	19:20	34:51	
25	Paul Wallace	55:50	13:45	42:05	24
26	Sofie Fabre	57:11	13:45	43:26	25
DNF	Paul Twining	injured			
DNF	Jarrold Kanizay	injured			

HANDICAP

- 1 Paul Willmot
- 2 David Sheils
- 3 Tony Hally

FASTEST

1	Malcolm Campbell	28:07	Alison Chapman	36:06
2	Anthony Mithen	30:53	Frances Willmot	37:47
3	Chris Waldron	32:02	Lynne Maugham	38:02

Junior (Under 16) 3k Hcp.

		Race Time	Hcp	Act Time
1	Will Sheils	16:46	6:30	10:16
2	Jacob Barnes	16:50	2:40	14:10
3	Adam Garganis	16:53	4:53	12:18
Inv	Luke Garganis	CLAC 17:04	2:40	14:24
4	Jem Jasarovski	17:22	4:00	13:22
Inv	Lachie White	CLAC 17:22	5:20	12:02
Inv	Ben White	CLAC 17:23	5:25	11:58
Inv	Hannah Garganis	CLAC 17:45	1:15	16:30
5	Jessica Neale	18:03	3:30	14:33
Inv	Drew Roberts	18:17	4:00	14:17
6	Ailsa Buckle	18:49	4:00	14:49
Inv	Lachlan Derby	23:56	Go	23:56

Saturday May 30th. 2009 A.V.

**10k ROAD CHAMPIONSHIP
SANDOWN**

JUNIORS

MEN'S UNDER 14 3k

8 Jordan Minter 10:30

WOMEN'S UNDER 16 3k

36 Ailsa Buckle 13:31

MEN'S UNDER 16 3k

4 Will Sheils 9:42

MEN'S UNDER 18 10k

22	Mason Barnes	14:16	28:15	41:44
24	Josh Debinski	15:20	28:50	42:15

WOMEN'S 10k

4	Susan Michelsson	-	23:43	34:39
50	Annette Van Rooyen	15:59	28:55	41:51
51	Alison Chapman	* 15:57	28:55	41:53
76	Jane Kanizay	15:59	29:43	43:32 Div 1
81	Lynne Maughan	16:41	30:23	44:01
84	Frances Willmot	* 16:34	30:24	44:18
101	Alicia Arnott	-	31:30	45:44 Div 3
107	Sofie Fabre	* 17:02	31:30	46:02
132	Carmel Pardy	17:55	33:35	49:00

TEAM RESULTS

Division 1	7 th .
Division 3	4 th .
* 40+	4 th .

MEN'S 10k

63	Malcolm Campbell	12:01	22:47	33:40	
69	Patrick O'Keeffe	12:35	23:14	33:42	
91	Justin Murphy	12:41	23:40	34:18	
100	Magnus Michelsson *	13:00	23:46	34:30	
115	Mark Draper	12:46	-	35:11	
120	Anthony Mithen	13:03	24:07	35:18	Div 1
141	Ray Hynes	13:21	24:40	35:52	
170	Cameron Kealy	13:35	25:00	36:40	
193	Daniel Rees	13:28	25:50	37:25	
198	Eric Louw *	14:11	25:53	37:32	
201	Stuart Kollmorgen	14:02	25:43	37:34	
229	Chris Waldron *	14:23	26:20	38:20	Div 2
231	Tom Avram	14:15	26:30	38:25	
232	Ken Duxbury #	14:21	26:20	38:27	
241	Trevor Hansen	-	26:40	38:49	
250	Sean McCaughey	-	27:04	38:59	
267	Tony Bird #	-	27:04	39:30	Div 3
270	Danny Hecker	14:54	27:10	39:36	
286	Paul Twining #	14:39	27:25	39:55	
289	Tony Hally	15:04	27:35	39:58	
324	Troy Kameme	14:59	28:10	41:07	
342	John Crameri	15:22	28:38	41:47	Div 4
386	Ross Reid	16:51	30:43	44:17	
405	Jim Hopkins	16:59	31:15	45:55	
418	Paul Willmot	17:50	-	46:51	
419	Craig Servinis	17:45	32:40	47:06	Div 5
424	Paul Wallace	-	32:54	47:33	
428	Graeme Paul	17:37	32:50	48:20	
430	Robert Barnes	17:55	33:20	48:54	
456	Tony Forno	23:04	42:00	61:10	Div 6

TEAM RESULTS

Division 1	10 th .
Division 2	13 th .
Division 3	10 th .
Division 4	10 th .
Division 5	11 th .
Division 6	9 th .
* 40+	4 th .
# 50+	6 th .

Saturday June 20th. 2009

A.V.

15K ROAD CHAMPIONSHIP BALLARAT

JUNIORS

MEN'S UNDER 14 5k

6 Jordan Minter 19:03
Jacob Barnes 26:39

MEN'S UNDER 16 5k

5 Will Sheils 17:09

MEN'S UNDER 18 5k

Mason Barnes 18:59
Josh Debinski 20:19

WOMEN'S 15k

			3k	6k	15k
33	Alison Chapman	*	11:24	36:59	63:55
53	Jane Kanizay		-	40:00	67:38
61	Lynne Maughan		-	41:22	68:55
65	Carmel Pardy	*	12:57	41:22	69:25 Div 1
66	Frances Willmot	*	12:30	40:41	69:35
71	Janette Chapman		12:56	41:27	70:09
78	Sofie Fabre		12:37	42:15	72:04 Div 3
#102	Alicia Arnott		18:59	48:20	78:46

Alicia started approximately 6(+) minutes behind field.

TEAM RESULTS

Division 1 8th.
Division 3 4th.
* 40+ 3rd.

MEN'S 15k

23	Magnus Michelsson	8:53	29:05	49:47	
42	Malcolm Campbell	8:53	30:00	51:24	
44	Patrick O'Keeffe	9:23	30:15	51:29	
46	Justin Murphy	9:21	30:34	51:31	
52	Simon Bevege	9:21	30:30	51:43	
71	Mark Draper	9:31	31:07	53:10	Div 1
78	Anthony Mithen	9:39	31:30	53:40	
116	Ray Hynes	10:17	33:09	55:35	
136	Jarrod Kanizay	10:17	33:14	56:38	
155	Daniel Rees	10:11	33:20	57:36	
167	Stuart Kollmorgen	-	34:23	58:25	
168	Paul Munro	10:39	34:59	58:27	Div 2
176	Tom Avram	-	34:34	58:48	
183	Ken Duxbury	-	34:44	59:01	
185	Tony Hally	11:02	34:55	59:07	
190	Sean McCaughey	11:02	35:03	59:16	
192	Anthony Weiland	10:41	34:39	59:22	Div 3
212	Paul Twining	-	36:21	61:26	
265	Troy Kameme	-	37:09	64:58	
281	John Crameri	11:47	39:05	67:12	
296	Jim Hopkins	12:22	40:04	69:28	
308	Paul Willmot	12:45	41:30	71:19	Div 4
325	Graeme Paul	13:04	43:19	75:26	
329	David Sheils	14:03	45:19	77:30	
338	Paul Wallace	12:59	46:18	82:14	

TEAM RESULTS

Division 1	5 th .
Division 2	9 th .
Division 3	7 th .
Division 4	6 th .
* 40+	11 th .
# 50+	5 th .

Saturday July 4th. 2009

A.V.

COLIBAN RELAYS HARCOURT to BENDIGO

Division 1 Men

Justin Murphy	18:53	5.2k
Malcolm Campbell	20:55	6.2k
Patrick O'Keeffe	27:47	8.2k
Magnus Michelsson	34:50	10.0k
Simon Bevege	25:31	7.8k
Daniel Rees	17:28	4.4k

Finished 8th. 2hr 25m 24s
Winner: Knox 1hr 45m 34s

Division 2 Men

Tom Avram	25:17
Jarrold Kanizay	21:16
Stuart Kollmorgen	31:20
Ray Hynes	36:41
Paul Munro	29:05
Anthony Mithen	18:17

Finished 10th. 2hr 41m 56s
Winner: Bendigo 2hr 23m38s

Division 1 Women

Janette Chapman	26:30	5.2k
Frances Willmot	28:50	6.2k
Annette Van Rooyen	38:21	8.2k
Jane Kanizay	36:45	7.8k
Sofie Fabre	22:12	4.4k

Finished 8th. 2hr 32m 38s
Winner: Knox 2hr 04m 25s

Division 3 Men

Ken Duxbury	22:31
John Crameri	26:16
Tony Hally	32:16
Anthony Weiland	30:01
Troy Kameme	20:20

Finished 10th. 2hr 11m 24s
Winner: Sth.Melbourne 1hr 53m46s

Division 4 Men

Josh Debinski (17)	24:43	5.2k
Jessica Neale (13)	34:56	6.2k
Jim Hopkins	37:47	8.2k
Paul Wallace	38:23	7.8k
Graeme Paul	22:20	4.4k

Finished 10th. 2hr 38m 09s
Winner: Wendouree 1hr 57m 28s

Division 5 Men

Ron Scholes	24:30
Tony Forno	38:41
Peter Neale	38:39
Paul Willmot	37:04
Steve Griffiths	25:38

Finished 10th. 2hr 44m 32s
Winner: Bendigo 1hr 58m 15s

Saturday July 11th. 2009

CLUB

**FOUNDATION MEMBERS' MEMORIAL 11.2K HCP
BOULEVARD**

		Race Time	Go Time	Act Time	Fastest
Inv	Leanne Morris	74:06	5:52	68:14	-
1	Peter Neale	74:13	22:06	52:07	17
2	Graeme Paul	75:44	22:51	52:53	19
3	Jim Hopkins	76:29	26:58	49:31	14
4	Frances Willmot	76:54	26:58	49:56	15
5	Troy Kameme	77:18	30:53	46:25	9
6	Ray Hynes	77:34	37:02	40:32	3
7	Paul Willmot	77:34	24:43	53:01	20
8	David Sheils	77:54	19:52	58:02	25
9	Sofie Fabre	77:55	25:06	52:49	18
10	Craig Servinis	77:59	24:10	53:49	21
11	Malcolm Campbell	78:05	39:39	38:26	2
Inv	Troy Williams	78:09	39:39	38:30	-
12	Anthony Weiland	78:16	34:26	43:50	4
13	Paul Wallace	78:26	23:47	54:39	22
14	Tony Hally	78:55	34:03	44:52	6
15	Tony Forno	79:06	8:18	70:48	26
16	Ken Duxbury	79:40	34:03	45:37	7
17	Magnus Michelsson	79:45	42:16	37:29	1
18	Robert Barnes	79:53	22:06	57:47	24
19	Paul Twining	80:05	32:45	47:20	=11
20	Kate Hecker	80:09	34:26	45:43	8
21	Andrew Evans	80:31	36:06	44:25	5
22	Will Sheils	81:00	34:03	46:57	10
23	Chris Waldron	81:23	34:03	47:20	=11
24	Chris Nolan	81:26	34:03	47:23	13
25	Lynne Maughan	82:00	27:20	54:40	23
26	Julian Warhurst	84:37	34:03	50:34	16
DNF	John Crameri	injured			

RESULTS

HANDICAP

FASTEST

1	Peter Neale	1	Magnus Michelsson	37:29	Kate Hecker	45:43
2	Graeme Paul	2	Malcolm Campbell	38:26	Frances Willmot	49:56
3	Jim Hopkins	3	Ray Hynes	40:32	Lynne Maughan	54:40

JUNIOR 3K HCP.

		Race T	Hcp	lap 1	lap 2	Actual T
Inv	Hayden Morris	14:34	Go	(4:53	9:52)	14:34
1	Jessica Neale	15:56	1:55	(4:17	9:09)	14:01
Inv	Leigh Roux	16:06	4:05	(3:48	7:49)	12:01
Inv	Ben White CLAC	16:23	4:35	(3:49	7:56)	11:51
Inv	Lachie White CLAC	16:24	4:35	(3:49	7:57)	11:52
2	Jacob Barnes	16:42	2:20	(4:42	9:35)	14:22
3	Will Sheils	16:44	6:35	(3:17	6:47)	10:09
Inv	Harrison Jarvie	16:59	4:20	(4:08	8:27)	12:39

Saturday July 18th.

A.V.

**12k/8k CROSS-COUNTRY CHAMPIONSHIPS
BUNDOORA PARK**

MEN'S 12K

		3k	6k	9k	12k
39	Malcolm Campbell	9:45	19:58	30:30	40:48
41	Patrick O'Keefe	9:45	19:58	30:30	40:49
47	Magnus Michelsson	9:49	20:07	30:34	40:58
49	Justin Murphy	9:56	20:16	30:42	41:03
57	Simon Bevege	9:53	20:14	30:48	41:30
76	Mark Draper	10:10	20:51	31:42	42:35
87	Ray Hynes	10:24	21:22	32:27	43:19
108	Anthony Mithen	10:27	21:31	32:51	44:09
115	Darren Morris	11:20	22:58	34:39	46:11
167	Jarrold Kanizay	11:00	22:37	34:34	46:21
182	Eric Louw	11:13	23:05	35:11	47:04
187	Ken Duxbury	11:31	23:16	35:10	47:29
193	Anthony Weiland	11:27	22:59	35:10	47:29
201	Tony Hally	11:24	23:26	35:51	47:50
215	Paul Twining	11:53	24:02	36:21	48:32
216	Paul Munro	11:20	23:41	36:28	48:39
220	Chris Waldron	11:48	24:04	36:33	48:53
225	Tony Bird	11:57	24:04	36:33	49:07
* 244	Andrew Evans	14:43	26:21	38:13	50:14 *
267	Trevor Hansen	12:00	25:02	38:31	51:48
281	Ron Scholes	12:32	25:38	39:03	52:27
319	Jim Hopkins	13:41	27:46	42:06	56:29
323	Troy Kameme	12:37	26:33	41:42	56:37
333	Paul Willmot	13:59	28:27	43:31	58:09
337	Graeme Paul	13:58	28:52	44:11	59:08
350	Craig Servinis	14:15	29:22	45:35	62:31
357	Robert Barnes	14:38	30:37	47:20	64:18
368	Tony Forno	18:26	37:27	57:11	76:32

* Andrew Evans started approx 3 minutes late.

TEAM RESULTS

Div 1 - 5 th .	40+ - 7 th .
Div 2 - 9 th .	50+ - 2 nd .
Div 3 - 8 th .	
Div 4 - 6 th .	Div 5 - 11 th .

WOMEN'S 8K

		2k	5k	8k
2	Susan Michelsson	6:57	17:50	28:48
28	Kate Hecker	7:39	19:59	32:22
49	Annette Van Rooyen	8:22	21:39	34:51
67	Jane Kanizay	8:30	22:30	36:05
76	Frances Willmot	8:40	22:31	36:17
87	Lynne Maughan	9:00	23:06	36:55

TEAM RESULTS

Div 1 5th.

Summary of Results of Collingwood Athletes in All Schools' Cross-Country Championships

AWD	3k		Josh Debinski		12:00
U/16	4k	4 th .	Will Sheils	6:25(2k)	13:16
U/17	4k	49 th .	Ailsa Buckle		19:42
U/17	6K	60 th .	Jonathon Warhurst	11:42(3k)	24:27
U/20	8k	15 th .	Julian Warhurst	6:35(2k) 17:42(5k)	29:32

Saturday August 1st. 2009

A.V.

**16K/6K CROSS-COUNTRY CHAMPIONSHIPS
GEELONG**

MEN'S 16K

		4k	8k	12k	16k
30	Magnus Michelsson	13:30	27:33	41:30	55:43
35	Patrick O'Keeffe	13:16	27:30	41:40	56:15
41	Simon Bevege	13:49	28:12	42:42	57:05
47	Justin Murphy	13:37	28:10	43:06	57:41
72	Mark Draper	14:10	28:56	44:22	59:58
73	Ray Hynes	14:42	29:55	45:11	60:12
83	Anthony Mithen	14:42	29:55	45:11	61:00
117	Darren Morris	15:14	30:58	47:60	62:53
135	Jarrod Kanizay	15:25	31:22	47:31	63:52
144	Ken Duxbury	15:34	31:37	47:57	64:23
150	Anthony Weiland	15:26	31:36	48:05	64:51
170	Chris Waldron	16:10	32:46	49:36	66:30
190	Tony Hally	16:10	32:21	49:19	67:40
192	Tony Bird	16:40	33:24	50:24	67:48
196	Paul Twining	16:34	33:24	50:53	68:37
226	Troy Kameme	17:51	35:26	53:55	72:12
233	Anthony Downey	17:04	35:28	55:58	72:51
* 242	Eric Louw	23:49	40:16	56:42	73:39 *
271	Jim Hopkins	18:37	38:06	58:16	78:29
280	Graeme Paul	19:03	40:00	60:49	83:11
291	Paul Wallace	18:44	39:11	61:51	88:42
296	Robert Barnes	21:21	44:01	67:54	92:06
301	Tony Forno	26:30	55:12	84:37	115:23
DNF	John Cramer		injured		

* Eric Louw started approx. 6:30 late/

TEAM RESULTS

Division 1 - 6th.
Division 3 - 8th.
40+ - 9th.

Division 2 - 8th.
Division 4 - 7th.
50+ - 2nd.

WOMEN'S 6K

		3k	6k
2	Susan Michelsson	10:38	21:19
50	Annette Van Rooyen	12:44	25:27
60	Jane Kanizay	13:26	27:06
65	Sofie Fabre	14:23	28:43

TEAM RESULTS

Division 1 - 7th.

JUNIORS

Under 14 Men 4k

21	Jacob Barnes	19:19
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Under 18 Men 8k

		4k	8k
15	Mason Barnes	16:33	34:54
16	Josh Debinski	17:43	36:58

Saturday August 8th. 2009

A.V.

**ROAD RELAYS
SANDOWN**

WOMEN

Division 1 4 x 6.2k

Susan Michelsson 10:30 10:42 21:12
Alison Chapman 13:05 13:43 26:48
Kate Hecker 11:43 11:52 23:35
Annette Van Rooyen 13:02 12:54 25:56

Finished 7th out of 12 1hr 37m 31s
Winner: Box Hill 1hr 26m 56s

Division 2 3 x 6.2k

Jane Kanizay 13:05 13:42 26:47
Lynne Maughan 13:49 13:43 27:32
Jess Neale (14) 14:29 16:14 30:43

Finished 7th. out of 12 1hr 25m 02s
Winner: Knox 1hr 10m 52s

40+ 3 x 6.2k

Janette Chapman 13:45 13:54 27:39
Carmel Pardy 14:03 14:46 28:49
Sofie Fabre 13:46 14:37 28:25

Finished 3rd. out of 4 1hr 24m 53s
Winner: Box Hill 1hr 17m 46s

MEN

Division 1 6 x 6.2k

Malcolm Campbell 9:55 10:45 20:40
Will Sheils 13:05 injured
Justin Murphy 9:44 10:19 20:03
Jarrod Kanizay 11:08 11:37 22:45
Cameron Kealy 11:46 12:22 24:08
Magnus Michelsson 10:10 10:32 20:42

Finished 12th. out of 12
Winner: Glenhuntly 1hr 55m 11s

Division 2 6 x 6.2k

Simon Bevege 19:40
Ray Hynes 21:20
Mark Draper 21:27
Andrew Evans 23:00
Darren Morris 21:35
Anthony Mithen 21:41

Finished 6th. out of 13 2hr 08m 25s
Winner: Eureka 2hr 02m 10s

Division 3 5 x 6.2k

Danny Hecker	11:37	12:14	23:52
Tony Hally	11:30	11:49	23:19
Trevor Hansen	11:26	12:02	23:28
Eric Louw	11:17	11:35	22:52
Anthony Weiland	10:48	11:18	22:06

Finished 12th. out of 15 1hr 55m 37s
 Winner: Frankston 1hr 45m 08s

Division 4 5 x 6.2k

Chris Waldron	11:24	12:04	23:28
Tom Avram	11:53	12:11	24:04
Troy Kameme	13:59	13:21	27:20
John Crameri	12:53	13:03	25:56
Steve Griffiths	17:29	20:29	37:58

Finished 15th. out of 15 2hr 18m 46s
 Winner: Essendon 1hr 48m 57s

Division 5 4 x 6.2k

Craig Servinis		22:56
Josh Debinski	(18)	27:22
Mason Barnes	(18)	24:30
Jim Hopkins		27:24

Finished 7th. out of 12 1hr 42m 12s
 Winner: Bendigo

Division 6 4 x 6.2k

Graeme Paul	13:31	14:44	28:15
Paul Wallace	13:47	13:41	27:28
Peter Neale	13:38	14:51	28:29
Robert Barnes	14:42	15:49	30:31

Finished 9th. out of 14 1hr 54m 43s
 Winner: Casey/Cardinia 1hr 25m 24s

Division 7 4 x 6.2k

David Sheils	15:30	15:31	31:01	
Ben Cox	(12)	12:29	13:41	26:10
Tony Forno		18:14	18:47	37:01
Jack Neale	(12)	13:19	15:04	28:23

Finished 10th. out of 11 2hr 02m 35s
 Winner: Bendigo

50+ 3 x 6.2k

Paul Twining	11:37	11:59	23:36
Ken Duxbury	11:40	12:02	23:42
Tony Bird	12:17	12:25	24:32

Finished 2nd. out of 7 71m 50s
 Winner: Diamond Valley 68m 48s

Men's Under 14 3 x 3.1k

Jordan Minter	11:07
Jacob Barnes	13:33
Anthony Neale	16:49

Finished 7th. out of 8 41m29s
 Winner: Mornington 31m50s