

1996 WINTER

Saturday April 13th.

CLUB

LACEBY CECIL HANDICAP 6.4k

		Race Time	Go Time	Act Time	Fastest
1	John Cramer	29:22	5:15	24:07	5
2	Sarah Johnson	29:38	4:45	24:53	6
3	Lew Harvey	29:42	7:35	22:07	3
4	Ryan Rodriguez	30:01	6:10	23:51	4
5	Magnus Michelsson	30:03	10:00	20:03	1
inv	Susan Michelsson	30:09	7:35	22:34	-
6	Jim Hopkins	30:31	4:45	26:46	12
7	Justin Wilson	30:48	10:00	20:48	2
8	Cameron Baker	30:49	5:15	25:34	7
9	Greg Lyndon	30:54	Go	30:54	14
10	Ray Harbert	31:45	3:35	28:10	13
11	George Kourabas	31:51	5:45	26:06	10
12	Steve Griffiths	31:59	5:45	26:14	11
13	Dino Imbriano	32:02	6:25	25:37	8
14	George Rivas	32:58	6:55	26:03	9
15	Bruce Conboy	34:31	2:30	32:01	15

HANDICAP

1	John Cramer
2	Sarah Johnson
3	Lew Harvey

FASTEST

1	Magnus Michelsson	20:03	Sarah Johnson	29:38
2	Justin Wilson	20:48		
3	Lew Harvey	22:07		

Saturday April 20th.

A.V.

**CROSS-COUNTRY RELAYS
BRIMBANK PARK**

C 1 Grade 5x6K

Lew Harvey	10:48	11:09	21:57
John Crameri	11:46	12:43	24:29
Justin Wilson	10:16	10:30	20:46
Ryan Rodriguez (18)	11:21	12:15	23:36
Magnus Michelsson	9:58	10:06	20:04

Finished 2nd.

E 2 Grade 4x6K

George Rivas	12:15	13:45	26:09
Cameron Baker	12:06	12:35	24:41
George Kourabas	12:25	13:27	25:52
Dino Imbriano	12:01	12:19	24:20

Finished 4th.

V 40+ 3x6K

Jim Hopkins	12:36	13:47	26:23
Bob Gardiner	13:04	13:46	26:50
Peter Rowland	11:39	12:06	23:45

Finished 1st.

Saturday May 11th.

A.V.

**10K ROAD CHAMPIONSHIP
BALLARAT**

20	Magnus Michelsson	30:38
44	Justin Wilson	31:37
147	Lew Harvey	34:28
214	Ryan Rodriguez (18)	36:20
234	Robert Hendy	36:56
247	John Crameri	37:37
261	Dino Imbriano	38:08
304	George Kourabas	38:59
331	Grayson Summers	39:50
333	Robert Gardiner	39:53
334	Steve Griffiths	40:01
335	Cameron Baker (18)	40:02
348	Jim Hopkins	40:37
360	George Rivas	41:03
375	Sarah Johnson	41:58
400	Ray Harbert	43:38
428	Greg Lyndon	47:19

TEAM RESULTS

C 1 Grade	Finished	3 rd .
E 2 Grade	Finished	3 rd .
X 1 Grade	Finished	2 nd .
X 2 Grade	Finished	6 th .
V 40+	Finished	4 th .
V 50+	Finished	2 nd .

Saturday June 1st.

A.V.

**16K CROSS-COUNTRY CHAMPIONSHIPS
BRIMBANK PARK**

14	Magnus Michelsson	53:11
32	Justin Wilson	54:59
129	Lew Harvey	62:11
149	Ryan Rodriguez	63:10
182	Peter Rowland	64:59
192	John Crameri	65:44
197	Dino Imbriano	66:03
235	George Kourabas	68:45
248	Robert Hendy	70:35
249	Cameron Baker	70:37
270	Grayson Summers	73:00
274	Jim Hopkins	73:40
303	Ray Harbert	79:42
317	Greg Lyndon	86:42

TEAM RESULTS

C 1 Grade	Finished	1st.
E 2 Grade	Finished	1st.
X Grade	Finished	1st.
V 40+	Finished	8 th .
V 50+	Finished	3 rd

Saturday July 25th.

CLUB

**FOUNDATION MEMBERS' MEMORIAL HANDICAP
BOULEVARDE - 11.2K**

(run this year as a sealed handicap)

		Race Time	Hcp	Hcp Time	Hcp Pl
1	Lew Harvey	39:09	Scr	39:09	2
2	Robert Hendy	42:51	3:20	39:31	4
3	John Cramer	43:03	3:40	39:23	3
4	George Kourabas	45:33	5:35	39:58	7
5	Steve Griffiths	45:40	6:05	39:35	5
6	George Rivas	46:00	7:35	38:25	1
7	Dino Imbriano	46:45	4:30	42:15	10
8	Jim Hopkins	46:46	7:00	39:46	6
9	Grayson Summers	47:50	6:05	41:45	9
10	Ray Harbert	50:57	10:40	40:17	8
11	Bruce Conboy	65:02	16:30	48:32	11

HANDICAP

1	George Rivas
2	Lew Harvey
3	John Cramer

FASTEST

1	Lew Harvey	39:09
2	Robert Hendy	42:51
3	John Cramer	43:03

Saturday June 29th.

A.V.

**8K CROSS-COUNTRY CHAMPIONSHIP
LARDNER PARK**

29	Magnus Michelsson	28:01
131	Lew Harvey	31:53
137	Ryan Rodriguez (16)	32:12
144	Robert Hendy	32:23
166	John Crameri	33:11
167	Peter Rowland	33:14
188	Cameron Baker	33:58
208	Mike Boylen	35:06
222	Dino Imbriano	35:51
226	George Rivas	36:02
252	Jim Hopkins	37:36
262	Grayson Summers	38:51
276	Ray Harbert	41:19
287	Greg Lyndon	44:02

TEAM RESULTS

C 1 Grade	Finished 2 nd .
E 2 Grade	Finished 1st.
X Grade	Finished 1st.
V 40+	Finished 6 th .
V 50+	Finished 1st.

Saturday July 13th.

A.V.

ROAD RELAYS

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SANDOWN

C 1 Grade 5x6.2K

Lew Harvey	10:22	10:47	21:09
Justin Wilson	9:36	9:56	19:32
Ryan Rodriguez (16)	10:51	11:06	21:57
James Oliver	10:46	11:08	21:54
Magnus Michelsson	9:30	9:52	19:22

Finished 3rd.

E 2 Grade 4x6.2K

Cameron Baker (16)	12:01	13:33	25:34
Sarah Johnson	11:54	12:22	24:16
George Rivas	11:33	12:21	23:54
John Crameri	11:14	11:23	22:37

Finished 1st.

X Grade 4x6.2K

Jim Hopkins	11:51	12:28	24:19
Steve Griffiths	12:04	13:01	25:05
Greg Lyndon	13:20	14:43	28:03
George Kourabas	11:23	12:50	24:13

Finished 6th.

V 40+ 3x6.2K

Mike Boylen	11:22	11:43	23:05
Peter Rowland	11:12	11:07	22:19
Robert Hendy	11:22	11:46	23:08

Finished 4th.

V 50+ 3x6.2K

Grayson Summers	12:01	12:18	24:19
Ray Harbert	12:57	13:43	26:40
Bruce Conboy	14:46	15:51	30:37

Finished 1st.

Saturday July 27th. CLUB

COLLINGWOOD HARRIERS ATHLETIC CLUB
5 MILE
CROSS-COUNTRY CHAMPIONSHIP
including Sealed Handicap

		Race Time	Hcp	HcpTime	Hcp Place
1	Justin Wilson	26:45	Scr	26:45	11
2	Lew Harvey	28:52	2:20	26:32	9
Inv	Susan Michelsson	29:12	-	-	-
3	Robert Hendy	29:29	4:45	24:44	=1
Inv	Paul Twining	30:27	-	-	-
4	Ryan Rodriguez	30:37	3:55	26:42	10
Inv	Norm Franzi	30:53	-	-	-
5	John Crameri	30:58	4:55	26:03	7
6	Mike Boylen	31:35	5:40	25:55	6
7	Bob Gardiner	32:54	8:10	24:44	=1
8	Jim Hopkins	33:04	7:40	25:24	4
9	Steve Griffiths	33:38	7:40	26:13	8
10	Sarah Johnson	36:29	7:40	28:49	15
11	Ray Harbert	37:35	10:45	26:50	12
12	Norm Duff	38:58	11:25	27:33	14
13	Greg Lyndon	39:56	14:40	25:16	3
14	Katrina Griffiths	41:50	14:40	27:10	13
15	Bruce Conboy	42:52	17:05	25:48	5

CHAMPIONSHIP RESULTS

1	Justin Wilson	26:45	Sarah Johnson	28:49
2	Lew Harvey	28:52	Katrina Griffiths	41:50
3	Robert Hendy	29:29		

HANDICAP RESULTS

=1	Robert Hendy	24:44
=1	Bob Gardiner	24:44
3	Greg Lyndon	25:16

Saturday August 3rd.

A.V.

**12K CROSS-COUNTRY CHAMPIONSHIP
BUNDOORA**

29	Magnus Michelsson	13:26	27:37	42:09
60	Justin Wilson	13:52	28:58	44:00
126	Lew Harvey	15:17	31:04	47:08
162	Peter Rowland	15:57	32:30	49:25
168	Robert Hendy	16:15	33:12	49:40
170	Ryan Rodriguez (16)	15:55	32:53	49:48
190	John Crameri	16:33	34:13	51:07
229	Mike Boylen	16:43	34:51	53:21
235	Sarah Johnson	17:36	35:47	54:05
243	Dino Imbriano	17:44	36:28	55:04
246	Grayson Summers	17:39	36:27	55:18
249	Jim Hopkins	17:38	36:38	55:37
254	Cameron Baker (16)	17:21	36:40	55:56
271	Bob Gardiner	17:55	37:43	58:12
280	Ray Harbert	18:57	39:05	59:26

TEAM RESULTS

C 1	Grade	Finished 2 nd .
E 2	Grade	Finished 1st.
X	Grade	Finished 1st. 2 nd .
V 40+		Finished 5 th .
V 50+		Finished 1st.

Saturday August 17th. A.V.

**15K ROAD CHAMPIONSHIP
FISHERMEN'S BEND**

18	Justin Wilson	15:40	31:56	48:16
86	Lew Harvey	17:30	35:41	53:55
116	James Oliver	17:59	36:34	55:21
135	Peter Rowland	18:36	37:52	56:51
177	Ryan Rodriguez (16)	17:58	37:22	59:20
196	Robert Hendy	19:44	40:22	60:26
198	Grayson Summers	20:10	40:30	60:28
203	Sarah Johnson	19:49	40:22	60:43
206	Mike Boylen	19:49	40:05	60:55
209	Steve Griffiths	19:18	40:12	61:48
217	Jim Hopkins	19:56	40:56	62:07
221	John Crameri	20:05	41:57	62:41
247	Cameron Baker (16)	20:06	43:41	65:56
255	Ray Harbert	21:50	44:33	66:51
279	Greg Lyndon	-	-	79:30

Under 16 WOMEN'S 5K

Katrina Griffiths 23:58

Sunday August 25th. A.V.

HALF MARATHON - ALBERT PARK

Justin Wilson	66:12
Lew Harvey	72:32
John Crameri	76:40
Peter Rowland	77:46
Grayson Summers	82:05
Robert Hendy	83:39
Ryan Rodriguez (16)	83:40
Dino Imbriano	84:26
Jim Hopkins	84:57
Cameron Baker (16)	89:21
Greg Lyndon	105:02

Saturday September 14th. CLUB

CLUB BOULEVARDE HANDICAP

		Race Time	Go Time	Act Time	Fastest
1	Ray Harbert	59:42	10:00	49:42	10
2	John Crameri	60:16	17:45	42:31	2
3	Jim Hopkins	60:22	13:40	46:42	5
4	Lew Harvey	60:35	20:45	39:50	1
5	Mike Boylen	60:42	15:30	45:12	4
6	Bruce Conboy	61:30	Go	61:30	12
Inv	John Ralph	61:40	4:00	57:40	-
7	George Kourabas	62:09	4:00	47:44	6
8	Steve Griffiths	63:11	14:25	48:46	7
9	Ryan Rodriguez	63:15	18:45	44:30	3
10	Grayson Summers	63:20	14:35	48:45	8
11	Sarah Johnson	63:42	14:35	49:07	9
12	Cameron Baker	64:43	11:25	53:18	11
13	Justin Wilson	DNF	24:05	ran off course	

Sunday October 20th.

A.V.

**MARATHON CHAMPIONSHIP
ALBERT PARK**

Justin Wilson	2h 26m 49s
Lew Harvey	2h 44m 09s
John Crameri	2h 59m 36s
Grayson Summers	3h 24m 12s
Jim Hopkins	3h 31m 21s
Greg Lyndon	4h 25m 34s

