

1974

WINTER

Monday April 15th.

V.M.C.

10 Mile Road Run - Princes Park

15	Peter Betheras	56:44
31	Steve Griffiths	59:54

Saturday April 20th.

V.A.A.A.

Opening Run - Flemington

Senior app 6.9k (3 laps of racecourse)

5	Ian Minter	22:17
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Secret Time Trophy - Ian Minter

Thursday April 25th.

V.M.C.

**12k Fallen Comrades Road Run
Domain**

2	Ian Minter	38:24
23	Norm Duff	40:52
37	Paul Twining	42:29
47	Steve Griffiths	43:33
109	Jack Tierney	53:22

Saturday April 27th. CLUB

**TWO MAN RELAY
YARRA BEND**

John Glover – L. Sims	16:10
Robert Hendy ran solo	16:15
Steve Griffiths – Graeme Scott	16:28
Eddie Lynn – Jeff Sargent	16:37
Greg Sargent – Geoff Russell	17:31
Barry Wilson – Barry Wadsworth	17:46
Michael Creevey – Anthony Dibbs	17:50
David McMennemin – Aldo Bergamin	18:03

Saturday May 4th. V.A.A.A.

**8K CROSS-COUNTRY CHAMPIONSHIP
TRARALGON**

		Race Time	Club Hcp	Hcp Time	Hcp Pl
10	Robert Hendy	25:06	Scr	25:06	2
12	Ian Minter	25:10	0:25	24:45	1
31	Paul O'Hare	26:04	0:15	25:49	3
35	Mark Stewart *	26:15	0:10	26:05	4
139	Steve Griffiths	29:48	3:40	26:08	5
219	David McMennemin	33:04	4:25	28:39	6

* Mark Stewart suffered asthma attack during race

A Grade 5th.

Under 17 8K

23	Anthony Dibbs	31:05
33	Geoff Russell	32:42
37	Greg Sargent	33:08

Under 13 4K

11	Michael Spoor	17:39
14	Robert Brown	19:08

CHAMPIONSHIP

CLUB HANDICAP

1	Robert Hendy	25:06	1	Ian Minter	24:45
2	Ian Minter	25:10	2	Robert Hendy	25:06
3	Paul O'Hare	26:04	3	Paul O'Hare	25:49

Saturday May 11th. V.M.C.

20K Road Run - Albert Park

17	Paul Twining	72:09
25	Peter Betheras	75:03
53	Jack Tierney	95:19

Saturday May 18th. V.A.A.A.

ROAD RELAYS - SANDOWN

A Grade 6x3.88 Miles

Paul O'Hare	9:11	9:23	18:34
Ian Minter	9:09	9:32	18:41
Bruce Ballard	9:53	10:43	20:36
Mark Stewart	9:19	9:29	18:48
Norm Duff	10:15	10:25	20:40
Robert Hendy	9:20	9:46	19:06

Finished 6th.

C Grade 6x3.88 Miles

Paul Twining	10:00	10:14	20:14
John Matthews	11:00	11:45	22:45
Eddie Lynn	10:25	10:38	21:03
Peter Betheras	10:20	10:32	20:52
John Glover	10:19	11:07	21:26
Steve Griffiths	10:15	10:53	21:08

Finished 3rd.
D Grade 6x3.88 Miles

Michael Creevey	11:58	13:31	25:29
Barry Wilson	11:20	12:20	23:40
David McMennemin	11:26	11:05	22:31
Les Sims	11:45	12:24	24:09
Barry Wadsworth	11:58	12:58	24:56
Graeme Scott	12:15	12:53	25:08

Finished 6th.

Under 17 4x1.94 Miles

Greg Sargent	11:12
Jeff Sargent	11:59
Aldo Bergamin	10:53
Anthony Dibbs	10:47

Finished 7th.

Saturday May 25th. V.M.C.

25K Road Run - Albert Park

24	Peter Betheras	96:36
44	Jack Tierney	115:31

Saturday May 25th.

CLUB

LACEBY CECIL HANDICAP 6.4k

		Race Time	Hcp	Act Time	Fastest
1	Eddie Lynn	18:55	2:25	21:20	4
2	Barry Wadsworth	19:05	6:00	25:05	9
3	John Glover	19:11	2:50	22:01	6
4	Steve Griffiths	19:21	2:50	22:11	7
5	Paul Twining	19:23	1:45	21:08	3
6	Ian Minter	19:30	Scr	19:30	1
7	Robert Hendy	19:50	Scr	19:50	2
8	Graeme Scott	19:52	5:25	25:17	10
9	Jim Bannan	19:53	6:30	26:33	12
10	Norm Duff	20:14	1:15	21:29	5
11	Barry Wilson	21:27	2:35	24:02	8
12	Graeme Young	22:10	3:20	25:30	11
13	Steven Crabbe	22:22	8:00	30:22	13
14	Robert Brown	22:31	8:30	31:01	14
15	Rodney Grant	26:12	8:00	34:12	15

HANDICAP

1	Eddie Lynn
2	Barry Wadsworth
3	John Glover

FASTEST

1	Ian Minter	19:30
2	Robert Hendy	19:50
3	Paul Twining	21:08

Saturday June 1st.

V.A.A.A.

**10K CROSS-COUNTRY CHAMPIONSHIP
BUNDOORA**

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
8	Ian Minter	31:57	Scr	31:57	1
10	Robert Hendy	32:16	0:10	32:06	3
13	Paul O'Hare	32:23	0:25	31:58	2
57	Mark Stewart	34:01	0:10	33:51	7
88	Eddie Lynn	36:17	3:05	33:12	4
120	Steve Griffiths	37:18	4:05	33:13	5
121	Peter Betheras	37:20	3:15	33:45	6
170	John Matthews	39:27	3:25	36:02	9
181	John Glover	39:49	4:30	35:29	8
282	Graeme Scott	45:15	7:40	37:35	10

A Grade

4th.

CHAMPIONSHIP

CLUB HANDICAP

1	Ian Minter	31:57	1	Ian Minter	31:57
2	Robert Hendy	32:16	2	Paul O'Hare	31:58
3	Paul O'Hare	32:23	3	Robert Hendy	32:06

Under 15 5K

33 Geoff Russell

21:00

Saturday June 8th. CLUB

**COLLINGWOOD HARRIERS ATHLETIC CLUB
5 MILE
CROSS-COUNTRY CHAMPIONSHIP
including Sealed Handicap**

		Race Time	Hcp	HcpTime	Hcp Pl.
1	Robert Hendy	25:09	0:25	24:44	3
2	Paul O'Hare	25:26	0:20	25:06	=5
3	Ian Minter	25:48	Scr	25:48	9
4	Paul Twining	27:22	2:25	24:58	4
5	Eddie Lynn	28:45	2:40	26:05	=10
6	Peter Betheras	28:56	3:25	25:31	7
7	John Glover	29:08	3:35	25:33	8
8	Steve Griffiths	29:51	3:30	26:21	12
9	Barry Wilson	30:10	6:40	23:30	1
10	Geoff Russell	32:45	6:40	26:05	=10
11	Graeme Scott	32:55	8:50	24:05	2
12	Barry Wadsworth	32:56	7:50	25:06	=5
13	Graeme Young	33:32	4:40	28:42	14
14	David McMennemin	33:44	4:30	29:14	15
15	Bruce Conboy	38:32	11:00	27:32	13

CHAMPIONSHIP RESULTS

MEN

1	Robert Hendy	25:09
2	Paul O'Hare	25:26
3	Ian Minter	25:48

HANDICAP RESULTS

1	Barry Wilson	23:30
2	Graeme Scott	24:50
3	Robert Hendy	24:44

Monday June 17th.

V.A.A.A.

**LAKE WENDOUREE RELAYS
BALLARAT**

A Grade	6x3K	B Grade	6x3K
Paul Twining	9:45	John Glover	10:19
Paul O'Hare	9:12	John Matthews	10:09
Steve Griffiths	10:25	Les Sims	11:12
Ian Minter	9:21	Barry Wadsworth	12:04
Mark Stewart	10:05	Graeme Scott	11:57
Robert Hendy	9:18	Barry Wilson	10:46

Under 17 6x3K

Anthony Dibbs	11:12
Aldo Bergamin	11:20
M. Hanlon	12:21
Geoff Russell	10:58
Jeff Sargent	12:27
Greg Sargent	11:37

Saturday June 22nd.

V.A.A.A.

10K ROAD CHAMPIONSHIP - FLEMINGTON

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
8	Ian Minter	31:44	Scr	31:44	3
13	Paul O'Hare	32:14	Scr	32:14	4
15	Robert Hendy	32:24	Scr	32:24	5
71	Eddie Lynn	35:00	3:40	31:20	1
89	Peter Betheras	35:30	4:00	31:30	2
146	Steve Griffiths	37:21	4:00	33:21	7
244	Graeme Young	40:56	8:00	32:56	6
270	Graeme Scott	42:28	8:50	33:38	8
302	Barry Wilson	45:27	5:40	39:47	9

A Grade 4th.

CHAMPIONSHIP

CLUB HANDICAP

1	Ian Minter	31:44	1	Eddie Lynn	31:20
2	Paul O'Hare	32:14	2	Peter Betheras	31:30

3 Robert Hendy 32:24 3 Ian Minter 31:44

40+ 5K

3 Norm Duff 17:09

Saturday June 29th. V.M.C.

Marathon Championship - Tyabb

29 Peter Betheras 3 hours 10 mins 56 secs
DNF Steve Griffiths withdrew at 20 Miles in 6th.place. 2hours 04 mins

Splits:

Betheras 7m – 43:28 11m – 69:18 20k – 78:04 13m – 81:36
Griffiths 20k – 72:56

Sunday June 30th. V.A.A.A.

POWER HOUSE to SOMERS RELAY

3.0 miles	Eddie Lynn	15:00
3.3 miles	Barry Wilson	17:19
7.2 miles	Ian Minter	35:12
3.9 miles	John Glover	19:25
1.5 miles	Les Sims	7:29
5.1 miles	Paul Twining	24:35
4.4 miles	Norm Duff	23:45
4.3 miles	Paul OHare	21:39
5.2 miles	Robert Hendy	25:36
1.9 miles	Anthony Dibbs	10:43
2.7 miles	John Matthews	14:30
3.2 miles	Steve Griffiths	16:37
1.8 miles	Aldo Bergamin	9:28
1.2 miles	Barry Wadsworth	7:00
1.0 miles	Greg Sargent	5:09

1	Box Hill	3 hours 59 mins 08 secs
2	Glenhuntly	4 hours 02 mins 55 secs
3	Collingwood	4 hours 13 mins 26 secs

Saturday July 6th.

V.A.A.A.

**15K CROSS-COUNTRY CHAMPIONSHIP
SUNBURY**

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
7	Paul O'Hare	44:49	Scr	49:49	2
25	Robert Hendy	52:37	Scr	52:37	3
87	Eddie Lynn	58:56	5:20	53:56	5
89	Peter Betheras	59:03	6:00	53:03	4
104	John Glover	59:53	5:30	54:23	6
186	Jack Tierney	70:27	20:45	49:42	1

A Grade

4th.

CHAMPIONSHIP

CLUB HANDICAP

1	Paul O'Hare	44:49	1	Jack Tierney	49:42
2	Robert Hendy	52:37	2	Paul O'Hare	49:49
3	Eddie Lynn	58:56	3	Robert Hendy	52:37

Under 19 5K

41	Anthony Dibbs	19:43
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Sunday July 14th.

25K Road Run - Traralgon

1	Paul O'Hare	82:10 Course Record
3	Robert Hendy	86:58
8	Norm Duff	89:58
9	John Glover	91:34
13	Steve Griffiths	96:54

Team's race 1st.

Saturday July 20th.

V.A.A.A.

**15K ROAD CHAMPIONSHIP
FISHERMEN'S BEND**

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
9	Paul O'Hare	46:28	Scr	46:28	8
19	Robert Hendy	48:01	0:45	47:16	9
34	Paul Twining	49:11	3:30	45:41	3
57	Norm Duff	50:42	4:30	46:12	7
61	Peter Betheras	50:56	7:45	43:11	1
68	Eddie Lynn	51:13	5:30	45:43	4
70	John Glover	51:16	5:30	45:46	6
217	Barry Wadsworth	59:29	13:45	45:44	5
234	Barry Wilson	60:53	9:00	51:53	12
249	Graeme Scott	62:53	13:45	49:08	10
250	David McMennemin	62:53	13:15	49:38	11
253	Jack Tierney	63:20	18:40	44:40	2

A Grade

4th.

CHAMPIONSHIP

CLUB HANDICAP

1	Paul O'Hare	46:28	1	Peter Betheras	43:11
2	Robert Hendy	48:01	2	Jack Tierney	44:40
3	Paul Twining	49:11	3	Paul Twining	49:11

Saturday July 27th.

A.A.A.U.

**AUSTRALIAN 10K CROSS-COUNTRY CHAMPIONSHIP
PERTH**

23 Paul O'Hare 34:05

Saturday July 27th.

V.M.C.

32k King of the Mountains - Pt. Leo

3 Ian Minter 1h 51m 21s

Saturday August 3rd.

CLUB

**FOUNDATION MEMBERS' MEMORIAL HANDICAP
BOULEVARDE - 11.2K**

		Hcp Time	Hcp	Act Time	Fastest
1	Barry Wadsworth	33:37	9:50	43:27	9
2	Peter Betheras	34:34	4:10	38:44	4
3	John Glover	34:39	3:40	38:19	3
4	Mark Stewart	35:18	Scr	35:18	1
5	Barry Wilson	35:36	6:15	41:51	7
6	Eddie Lynn	35:55	3:30	39:25	5
7	Steve Griffiths	36:27	4:45	41:12	6
8	Robert Hendy	36:44	Scr	36:44	2
9	Aldo Bergamin	36:52	8:05	44:57	10
10	Graeme Scott	37:18	9:50	47:08	11
11	Ray Harbert	38:26	4:30	42:56	8
12	Tony Twining	40:10	9:50	50:00	12

HANDICAP

1	Barry Wadsworth
2	Peter Betheras
3	John Glover

FASTEST

1	Mark Stewart	35:18
2	Robert Hendy	36:44
3	John Glover	38:19

Saturday August 10th.

V.A.A.A.

**VICTORIAN MARATHON CHAMPIONSHIP
POINT COOK**

2	Paul O'Hare	2 hours 24 mins 36 secs	
4 Mile	21:06	16 Mile	86:05
7 Mile	36:49	19 Mile	101:46
10 Mile	53:05	22 Mile	119:36
13 Mile	70:05	Finish	144:36

Sunday August 18th. CLUB

CLUB SCHOOLBOYS CHAMPIONSHIPS

Under 13 3200 Metres

1	Michael Spoor	Latrobe High	12:37
2	Michael Thorpe	Latrobe High	12:41
3	J. Cowen	Cambridge St.	12:59

TEAM RESULT

1	Latrobe H.S.	(1,2,7,12)	22pts
2	Olympic Village P.S.	(4,5,8,9)	26pts

Under 15 3200 Metres

1	Bruno Krause	Latrobe High	12:32
2	Richard Crossling	Northcote High	13:43

Under 17 4800 Metres

1	John Egan	Therry College	17:16
2	Anthony Dibbs	Fawkner High	17:24
3	Andrew Davies	Thornbury High	17:30

Saturday August 24th. V.A.A.A.

25K ROAD CHAMPIONSHIP - SANDOWN

		Race Time	Club Hcp	Hcp Time	Hcp Pl.
3	Paul O'Hare	79:59	Scr	79:59	1
27	Robert Hendy	88:55	1:40	87:15	5
31	Norm Duff	89:25	7:00	82:25	2
40	John Glover	90:27	7:30	82:57	4
87	Peter Betheras	99:35	8:45	90:50	6
127	Jack Tierney	112:37	30:00	82:37	3

A Grade 3rd.

CHAMPIONSHIP

1	Paul O'Hare	79:59
2	Robert Hendy	88:55
3	Norm Duff	89:25

CLUB HANDICAP

1	Paul O'Hare	79:59
2	Norm Duff	82:25
3	Jack Tierney	82:37

Lap Times:

O'Hare	9:18	19:17	29:14	39:12	49:18	59:33	69:37	79:59
Hendy	9:53	20:09	30:29	41:14	52:20	64:25	76:32	88:55
Duff	10:16	21:00	32:05	43:13	54:28	65:55	77:30	89:25
Glover	9:57	20:54	32:12	43:38	55:10	67:00	78:50	90:27
Betheras	10:17	21:18	32:51	44:34	57:13	71:22	85:00	99:35
Tierney	13:07	26:11	39:26	53:06	67:15	81:47	95:41	112:37

Saturday September 7th.**V.A.A.A.****5K CROSS-COUNTRY RUN
COBURG**

		Race Time	Club Hcp	Hcp Time	Hcp Pl
1	Robert Hendy	17:47	0:35	17:12	1
8	Mark Stewart	19:15	0:25	18:50	4
20	John Glover	20:12	1:30	18:42	3
41	Eddie Lynn	21:33	1:45	19:48	5
52	Peter Betheras	22:04	1:45	20:19	6
65	Steve Griffiths	22:46	2:20	20:26	7
66	Barry Wadsworth	22:52	4:30	18:22	2
97	Graeme Scott	25:07	4:40	20:27	8

CHAMPIONSHIP

1	Robert Hendy	17:47
2	Mark Stewart	19:15
3	John Glover	20:12

CLUB HANDICAP

1	Robert Hendy	17:12
2	Barry Wadsworth	18:22
3	John Glover	18:42

Under 17 5000 Metres CCC of Victoria

35 Greg Sargent

24:40

Saturday September 14th. A.A.U.

**Australian Marathon Championship
South Australia**

5 Paul O'Hare 2h 22m 26.8s

Sunday October 13th. V.M.C.

**One Hour Run Meeting
Huntingdale**

5k Senior Team's Race

1	Robert Hendy	14:09
14	Norm Duff	16:09

December 17th./18th. V.M.C.

Emil Zatopek 10,000 Metres

Division 2

23	Peter Betheras	34:26
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Division 1

7	Paul O'Hare	30:52
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